

FUNCTIONAL MEDICINE TRAINING COMPARISON CHART

| Program | Provider | Acronym | Target Audience | Cost | Duration | Clinical Training | Practice Building | Key Features |
|---|--|------------|---|---|--|---|---|--|
| The Mentorship 3.0 (earn FMACP or FMACC) | The Dr. Z Functional Medicine Academy | FMA | Serves MD, DO, ND, DC, NP, PA, RN + in FMACP & nutritionists & health coaches in FMACC | \$297-\$497 per month Clinical or \$8,800 for first 120-day Business Rx (intensive) and monthly options after | 120 days and then month-to-month as needed | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | FMA is the only fully comprehensive program known for 1:1 coaching and more live support than all other trainings. Gets new practices started or scaled faster than any other, while addressing both new/experienced practitioner legal, compliance, financial, marketing and sales challenges. Extensive clinical training & certification. Take the FMA Tour at https://TheDrZ.com or see Certifications HERE |
| FMCP-M or FMCP (coming 2026) | Institute for Functional Medicine | IFM | Only medical licenses and now separates by prescribing authority | \$12,000 - \$16,000 if online or \$30,000 if attend in person but price for 2026 program is unknown | 4 years | <input checked="" type="checkbox"/> Clinical <input type="checkbox"/> Lab Analysis <input type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input type="checkbox"/> Legal and compliance <input type="checkbox"/> Live consults <input type="checkbox"/> Lab Software | <input type="checkbox"/> Practice Launch <input type="checkbox"/> Branding <input type="checkbox"/> Marketing <input type="checkbox"/> Sales <input type="checkbox"/> Financial <input type="checkbox"/> 1:1 Coaching <input type="checkbox"/> Marketing Software <input type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | IFM is one of the oldest Functional Medicine training programs. It was started by Susan and Jeffrey Bland, Ph.D. and currently operates under the leadership of CEO Amy R. Mack and the IFM board. IFM has certified approximately 2500 practitioners, runs an annual conference (in-person over the summer) and has partnered with a health coaching academy (FMCA). IFM is a non-profit organization and has a clinical focus & rigorous testing. Visit IFM HERE |
| Functional Medicine University (earn CFMP) | Functional Medicine University | FMU | Only medical licenses but not PhD | \$2,895 - \$3,228 | 6-7 Months (10 hours/week) | <input checked="" type="checkbox"/> Clinical <input type="checkbox"/> Lab Analysis <input type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input type="checkbox"/> Legal and compliance <input type="checkbox"/> Live consults <input type="checkbox"/> Lab Software | <input type="checkbox"/> Practice Launch <input type="checkbox"/> Branding <input type="checkbox"/> Marketing <input type="checkbox"/> Sales <input type="checkbox"/> Financial <input type="checkbox"/> 1:1 Coaching <input type="checkbox"/> Marketing Software <input type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | FMU started in 2006 and main teacher is Ron Grisanti, D.C., DABCO, DACBN, MS, CFMP. Known for its completely online program and variety of CEs with affordable pricing. There were some mixed reviews about the dated information in some of the courses and guest lectures, but from the website it appears they do offer new webinars. You can check them out online HERE |
| American Academy of Anti-Aging Medicine (earn ABAARM) | American Academy of Anti-Aging Medicine | A4M | MD, DO only for ABAARM Board Certification Other medical licenses for ABAAHP certification | \$18,000 for full, \$1,500 per module. | 1 - 2 years | <input checked="" type="checkbox"/> Clinical <input type="checkbox"/> Lab Analysis <input type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input type="checkbox"/> Legal and compliance <input type="checkbox"/> Live consults <input type="checkbox"/> Lab Software | <input type="checkbox"/> Practice Launch <input type="checkbox"/> Branding <input type="checkbox"/> Marketing <input type="checkbox"/> Sales <input type="checkbox"/> Financial <input type="checkbox"/> 1:1 Coaching <input type="checkbox"/> Marketing Software <input type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | A4M was founded in 1992 by Dr. Ronald Klatz and Dr. Robert Goldman. The Metabolic Medical Institute (MMI) serves as a branch of A4M and together A4M/MMI offer a range of stand-alone courses or even month long courses. Mostly caters to Family Medicine physicians (MD). There are also several conferences each year, a membership offering. Learn more about ABAARM Board Certification for MD/DO HERE and visit the A4M website HERE |

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| ADAPT Functional Medicine Practitioner Training (earn A-CFMP) | Kresser Institute | ADAPT | Serves practitioners with medical license or self-paced nutrition course open online | \$1,995 for nutrition course, \$3,495 for lab training, reported \$15,000 for certification | 12 months with an additional 6 months of access to all program material | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | ADAPT Health Coach program is no longer running. "Functional Nutrition Mastery" is a self-paced 40 hour online course and there is a lab training course. You'll need to talk to the program director regarding eligibility and enrollment for the certification and fellowship. The program is founded by Chris Kresser, L.A.c who is a NYT best-selling author and an early voice in Functional Medicine. Visit online HERE |
| Health Coach Certifications | Institute for Integrative Nutrition | IIN | Health coaches and health minded individuals. | \$3,595-\$5,995 for a variety of health coach certifications | 4 months to 12 month options | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | IIN founder Joshua Rosenthal started nutrition classes in 1992 in NY which then evolved into IIN today. Offers CE credits for health coaching and well known in health coach community. Has courses in Spanish and invites guest lectures from the nutrition and Functional Medicine community. Has staff in DC working in advocacy for Health Coaches. You can download a detailed guide that lists their coaching topics & curriculum. Visit IIN HERE |
| FDN Certification Course (earn FDN-P) | Functional Diagnostic Nutrition | FDN | Health Coaches and Nutrition Professionals | \$8,997 clinical only to \$11,688 for business training | 8-12 months | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | FDN was founded ~10 years ago by Reed Davis using his "FDN Methodology" which was based on his health coaching & lab analysis experience over last 15 years. He reports teaching over 4,000 practitioners worldwide and boasts an active Facebook group. FDN is known for helping unlicensed coaches get access to labs through patient self-order through their MDP (Medical Director Program). Focus is on becoming a successful health coach. Visit FDN HERE |
| School of Applied Functional Medicine (earn AFMCP) | School of Applied Functional Medicine | SAFM | Active medical license or active certification in a health modality | \$297 per month or prepay for 20 months at \$5,497 (price subject to change) | 6 months to 5+ years with most reporting 2.5-3 years to become certified | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | SAFM was founded in 2011 by Tracy Harrison (a former scientist who left corporate culture), went through IFM certification and wanted to start her own focused on practical clinical applications of FM. You need to progress through 4 programs to get certified, there are eligibility requirements, and you must pay to re-certify every 3 years. CME is available. Visit the SAFM website HERE |

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| Integrative and Functional Nutrition Academy (earn IFNCP) | IFN Academy | IFN | RDs, Healthcare Practitioners, Dietitian interns, masters or doctorate level experts | \$647-\$1,779 per track or bundle to pay for all 5 required. Addt'l fees for Review and Testing. Pay extra for 1:1 or group mentor support | 9 -24 months | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | IFN was founded by Dr. Sheila Dean, DSc, RDN, LDN, IFNCP and Katie Swift, MS – two dietitians conventionally trained and convinced functional medicine was the future of medicine. The training consists of 5 tracks with 33 modules completely online and self-paced. Focus is on nutrition, diet, root cause analysis, lifestyle and mind-body modalities and has CPEUs for Dietitians. Visit IFN website HERE |
| 7 - Figure Practice | Freedom Practice Coaching | FPC | Anyone in the healthcare field | \$25,000-\$125,000 per client reports and online client (not co) bankruptcy filings | 12 months reported | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | FPC was founded 2012 by Dr. Charles Webb, DC with headquarters in Texas. The training is a mix of online and in-person. Pricing and program length is reported from client members and not available online. You'll need to contact the coaching company for current pricing and duration. Training seems geared toward practitioners already in profit who want to change to a program model. Visit FPC website HERE |
| Full Body Systems (earn CFNC) | Functional Nutrition Alliance | FxNA | Anyone in the healthcare field. | \$5,950 PIF or ten monthly installments of \$645 for a total of \$6,450 | 10 months (lifetime material access) | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | Functional Nutrition Alliance was founded by Andrea Nakayama, a trained coach & functional nutritionist. The program offered is to become a Certified Functional Nutrition Counselor (CFNC). Andrea hosts an award-winning podcast and utilized what she calls the "Full Body Systems" focusing on digestive, immune, urinary, cardiovascular, endocrine, nervous, and reproductive health for aspiring functional nutritionists. Visit FxNA website HERE |
| Certified Health Coach | Integrative Health Practitioner Institute | IHPI | "Anyone - Anywhere" Course materials looks geared for health coaches | Level 1: \$2,997; Level 2: \$2,997; Both Levels: \$4,997 | Each level is self-paced; typically completed in 12 weeks per level | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | IHPI was founded by Dr. Stephen Cabral, ND, in 2018 who also founded HPH & EquiLife. There are several health coach certification options and the HPH looks to also be marketed to consumers. Dr. Cabral through IHPI also hosts an annual conference and runs a podcast. You can visit IHPI website HERE |

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| Bachelor's Degree in Alternative Medicine | Everglades University | EU | Undergraduates | \$102,336 for tuition | 3.5 years | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | Fall of 2002, EU became one of the first colleges in the US to offer a Bachelor of Science Degree with a major in Alternative Medicine. The college is accredited & has gone through some name & corporate changes over the years and now is a non-profit. The BS degree curriculum looks like a survey course covering a variety of "alternative medicine" approaches along with basic pre-med courses needed for entry to chiropractic college. Visit the EU website HERE |
| Cornell Medicinal Plants Certification | Cornell University | eCornell | Health minded individuals and practitioners | \$2,599 | 3 months | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | From Cornell's College of Agriculture and Life Sciences, Senior Lecturer Giulia Friso presents a short course on herbal medicine. This certificate program is an introduction to medicinal plants and how they can be used to treat illnesses. Content includes both the historical and biochemical aspects of integrating plant-based medicine into your own personal health plan. Visit the website HERE |
| Functional Nutrition Training (earn NBHWC) | Mind Body Green Institute | MBGI | Health coaches, fitness trainers | \$999 - \$4,599, and \$1,197 for a business class | Self-paced; typically completed in 1 - 20+ weeks. depending on program | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | Husband and wife duo Jason and Colleen Wachob have built mindbodygreen to be a well-being brand. In their book, The Joy of Well-Being, they share their principles to sustainable longevity. Since 2017, Jason has hosted the mindbodygreen podcast, interviewing doctors, experts, and leaders in the well-being space. Mindbodygreen currently hosts 3 different coaching certificates mostly nutrition focused. Visit the MBG website HERE |
| The Complete Functional Medicine Course Package | The Elite Nurse Practitioner | EliteNP | Nurse Practitioners | \$2,796 for the FM package plus extra for other classes or \$11,621 for all courses | Self-paced (45 CE hours + 14 Pharm hours) | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | Founded in late 2019 by Justin Allan, MSN FNP who wanted to share his 8-year journey from traditional hospital work to entrepreneur and practice owner with other NPs. Justin runs a large FB group with NPs and also offers 3 tiers of "Inner Circle" membership with access to group Q/A and other features. Visit the Elite NP website HERE |

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| Functional Nurse Academy (earn certificate of completion) | Functional Nurse Academy | FNA | LPN, RN, NP | \$2,875–\$2975 | Self paced, 12 months of access. Average course completion to achieve certification is 3 months. | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | FNA was founded by Melissa Schreibfeder BSN, RN, BC-FMP. The FNA certificate includes 90 CEUs and 2 free months of the FNA live, interactive monthly mentorship hosted by founder Melissa. You can see an outline of the modules on the website and read through the directory of previous students. Visit the FNA website HERE |
| Functional Medicine Fast Track | Functional Medicine Fast Track | FMFT | All Health Professionals | \$12–20k reported | 12 weeks | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | FMFT was founded by South African trained PT, Garric Vosloo who had a history of working with Olympic teams before discovering his passion for Functional Medicine and moving to the US in 2016. The website does not disclose details about the program and reported participants say the focus is on creating an online course. You can talk to the sales team for more details. Visit the FMFT website HERE |
| Online Business Academy Mentorship | Maggie Berghoff | OBA | "Ambitious go-getters" (from website) for online coaching | \$10–25k reported | variable | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | Maggie Berghoff is a former NP turned online coach and teaches women how to start online coaching businesses using Instagram and TikTok to get new clients. Her focus is health and wellness coaches. You can learn more about Maggie by visiting the website HERE |
| Health Coach Certification (earn FMCHC) | Functional Medicine Coaching Academy | FMCA | Health Coaches | \$9779 PIF or \$839.92 x 12 month payment plan | 12 months | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | FMCA was founded in 2014 by psychologist Dr. Sandra Scheinbaum, PhD and Elyse Wagner, MS, CN, LMHCA, a certified nutritionist and licensed mental health counselor. They both believed in Functional Medicine and have served over 4k health coaches in the last decade. Offers CE for coaches through NASM. Has an affiliate partnership with IFM. Schedule a sales call with FMCA or visit the website HERE |

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| Origins Incubator Program | Origins Incubator | | MD/DO | \$22,000 | 12 months | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | Incorporated in 2022 by husband and wife team: Dr. Linda Matteoli, DO and Scott Rattigan, JD (founder of The Functional Lawyer). According to the website it caters to MD/DO, provides practice setup, website templates, legal templates, and coaching. You can schedule a sales call with Origins Incubator or visit the website HERE |
| Perfect Practice Mentorship | The Living Proof Institute | | Health Coaches or Coach Practitioners | \$15,000–\$18,000 | 12 months | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | The Living Proof Institute was founded in 2011 by Sachin Patel (DC, AFMCP, author) and it appears his mentorship program began in 2015. Sachin is described as a “practice success coach” via LinkedIn and the only program link is a sales page which describes some of the program features and leads to a cart to make the purchase. You can visit the Perfect Practice Mentorship page HERE |
| Practice Boost | Deborah Matthew, MD | | Hormone related practitioners | \$7,500 – \$17,000 | 6 months – 1 year | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | “Dr. Deb” (Deborah Matthew, MD) goes by “America’s Happy Hormone Doctor” and is also an author and speaker. She’s double-board certified and in private practice serving patients. Pricing for consulting for practitioners came from doctors that have been through her 6-month or 12-month program. She has led a BHRT retreat in the past. You can learn more about Dr. Deb HERE |
| Functional & Integrative Professional Training Program | Aviva Romm, MD | | Women’s interest practitioners | \$9,700–\$10,500 | 10 months + 6 months after to complete the course | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | Dr. Aviva Romm, MD is a prolific author and runs an online content website. Her experience of life first as a midwife and herbalist and then going to Yale Medical School is worth a read. Most of her content is consumer-facing, but she has a 10-month Women’s Health training that is currently closed but you can add your name to the notification list for when it reopens HERE |

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| Program | Provider | Acronym | Target Audience | Cost | Duration | Clinical Training | Practice Building | Key Features |
|---|---------------------------------|---------|--------------------------------------|--------------------------------------|----------------------|---|---|--|
| Integrative Medicine Academy | Health Training Associates | | Physicians and medical professionals | \$3,970 | Approx. 4 months | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | Integrative Medicine Academy comes up when you search for Functional Medicine training, but our researchers question it's legitimacy – the copywrite is by Health Training Associates which looks like a bot website with ipsum lorem text. Do your own due diligence. The training site lists many classes that offered 1 CE credit, but all seem to have been 1x events that are now over. Check out the website HERE |
| Healthpreneur | Elkaim Health Fitness Solutions | | health and fitness professionals | 9,500 | 9 months | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | Healthpreneur was founded in 2015 by Canadian Yuri Elkaim who is an author and has been working in the field of health since 2006. Healthpreneur runs a 3-day enrollment event in-person and they have multiple online course programs to choose from. You can visit the Healthpreneur website HERE |
| Kalish Institute Mentorship Certification | Dan Kalish | | Practitioners and coaches | \$14,390 + \$299 for more courses | 1 year + for add-ons | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | Dr. Dan Kalish, DC founded The Kalish Institute for Functional Medicine in 2006. Dr. Kalish is an author, speaker, and IFM certified. Dr. Kalish has several certifications to choose from that are focused on protocol care designed around specific labs. Short bootcamps focused on a protocol or lab are available or there is a 12-month mentorship program. Talk to the sales team to learn more or visit the website HERE |
| Heal at Scale | Launchr Inc. LLC. | | Health Practitioners | \$1000–20,000 reported | variable | <input checked="" type="checkbox"/> Clinical <input checked="" type="checkbox"/> Lab Analysis <input checked="" type="checkbox"/> Telemedicine <input checked="" type="checkbox"/> Certification <input checked="" type="checkbox"/> CE (cont. ed) <input checked="" type="checkbox"/> Legal and compliance <input checked="" type="checkbox"/> Live consults <input checked="" type="checkbox"/> Lab Software | <input checked="" type="checkbox"/> Practice Launch <input checked="" type="checkbox"/> Branding <input checked="" type="checkbox"/> Marketing <input checked="" type="checkbox"/> Sales <input checked="" type="checkbox"/> Financial <input checked="" type="checkbox"/> 1:1 Coaching <input checked="" type="checkbox"/> Marketing Software <input checked="" type="checkbox"/> Masterminds <input checked="" type="checkbox"/> Find a Practitioner Search | “Heal at Scale” is a program name run by Launchr, Inc owned by Travis and Joy Houston. There is not a lot you can glean about program offerings from the website so you will need to do a sales call. Pricing came from practitioners that did a short online course and their longer coaching program. Visit the Heal at Scale website HERE |

FUNCTIONAL MEDICINE TRAINING COMPARISON CHART

DEFINITIONS:

Program - the course, program, or class you would sign up for

Provider - The company that owns/operates that program

Target Audience - who the company markets to and/or the bulk of the students attending

✓ **Green checkmark** - service was verified provided, level/capacity of service will still **vary** among providers

✓ **Yellow checkmark** - service mentioned, appeared to be a smaller or incomplete aspect of the program

✗ **Red X-mark** - service was not mentioned or not provided

DUE DILIGENCE:

Listing in the **Functional Medicine Training Comparison Chart** does **not** imply endorsement or validation of any kind. These are some of the online training companies that you will encounter upon performing a Google search and you must perform your own **due diligence**.

ADDITIONS AND CORRECTIONS:

Thank you for your interest in our online Functional Medicine Training Comparison Chart. Our research team provided the content based on each provider's website, self-reported program inclusions and pricing, curriculum brochures from program opt-ins, and participant interviews from actual students.

Our goal is to keep the chart up-to-date and accurate. If you have information to add or a suggested correction, please submit the form below. We will review, research, and validate all submissions.

Incomplete submissions without contact information will not be considered valid. You may submit [HERE](#)